

Choose from our massage range:

(on request)

Aroma oil massage

Pleasant, relaxing massage with aetheric high-quality oils. A massage for body, mind and soul. Very caring of the skin.

Duration: approx. 30 min.

Rate: €uro 45,-

Partial body massage

The entire back is harmonised in a short period of time and provides well-being.

Duration: approx. 25 min.

Rate: €uro 35,-

Reflexology

Typically standing places of pain of the sole can indicate dysfunctions of the inner organs and be improved with reflexology.

Duration: approx. 45 min.

Rate: €uro 60,-

Breuss massage

A very smooth spine massage with healing magnetism additionally serves the comprehensive well-being of the organism.

Duration: approx. 45 min.

Rate: €uro 60,-

Full body massage

Boods the flow of blood through the entire body and thus the removal of toxicants.

Duration: approx. 45 min. Rate: €uro 60.-

Anti-stress massage

Is carried out with the flat hand. Harmonising, balancing and calming - with lavender extracts.

Duration: approx. 50 min.

Rate: €uro 60,-

Combi massage

This is an ideal combination of a back massage and reflexology. Back tensions are harmonised and then the entire organism activated.

Duration: approx. 50 min.

Rate: €uro 60,-

Head/neck special treatment

Harmonises tensions in the head area. Ideal for tension headaches, migraine or other tensions in the head area.

Duration: approx. 25 min.

Rate: €uro 35,-

Alpenhotel Tirolerhof GmbH Stubaitalstrasse 69 A-6167 Neustift im Stubaital Tel: +43 5226 3278

info@alpenhotel-tirolerhof.com alpenhotel-tirolerhof.com



Basic Singing bowl massage

For quickly reaching a state of deep relaxation, letting go of problems, releasing tensions, reinforcing the sense of self-confidence, dissolving blockages and activation of self-healing energies.

Duration: approx. 50 min.

Rate: €uro 70,-

Wellness treatment on a wholistic level

Small meditation:

Best suited for beginners, remedy for stress and care for your intuition.

Back massage:

For relaxing the musculature, releasing blockages and for increasing circulation.

Healing magnetism:
 Organises the energetic flow system, blockages in the energetic area will be dissolved, very relaxing for the spirit.

Duration: approx. 60 min.

Rate: €uro 75,-

Wellness treatment special

Back massage, healing magnetism, breathing massage & happiness cream
 When the spirit is heavily burdened. The mood will be lighter, for sensitive people - ointment is rubbed into the solar plexus.

Duration: approx. 50 min.

Rate: €uro 75,-

Combined back massage with singing bowl

Quickly reaching deep relaxation, letting go of problems, releasing tensions, gentle massage for every cell, harmonisation, reinforcing the sense of self confidence, dissolving blockages.

Duration: approx. 55 min.

Rate: €uro 70,-

Beauty pool

The beauty pool is particularly recommended after a massage, as the combination of hot water and oxygen additionally relaxes your muscles. The oils and coins are available at the reception.

Duration: approx. 20 min. Rate: €uro 7,-

Sun bed

Want some sun? The coins are available at the reception.

Duration: approx. 11 min. Rate: €uro 7,-

Alpenhotel Tirolerhof GmbH Stubaitalstrasse 69 A-6167 Neustift im Stubaital Tel: +43 5226 3278

info@alpenhotel-tirolerhof.com alpenhotel-tirolerhof.com